



## Upper Midwest Health Expo 19th Annual Fall Conference Friday, October 7, 2016 & Saturday October 8, 2016

### Location

Earle Brown Heritage Center  
6155 Earle Brown Dr.  
Brooklyn Center, MN 55430

### Registration

Early Bird Registration Begins July 25, 2016  
Both Days | October 7 & 8 | \$100  
Single Day | Friday October 7 | \$70  
Single Day | Saturday October 8 | \$50  
Registration After October 6, 2016 | Both Days | \$125

### Accommodations

Registrants are required to make their own overnight accommodations  
Embassy Suites Minneapolis North  
Phone Reservations | 800.362.2779 or 763.560.2700  
Ask for in-house reservations | Reference Group Name UMHE  
On-line Reservations: [www.embassysuites.com](http://www.embassysuites.com)  
go to specials/packages tab > group rates >  
Book my group rate stay > put in reservation code UMHE

### Learning Objectives

After the expo participants will be able to:  
Discuss the purpose of the *FDA Panel on Gastroenterology and Urology Devices*  
Describe the *CDC & FDA Health Advisory Recommendations*  
Discuss the new *AAMI Sterilization Standards*  
Explain the *SGNA 2015 Standards of Infection Prevention in Reprocessing Flexible Gastrointestinal Endoscopes*  
Summarize new aspects of the *AORN 2016 Guideline for Processing Flexible Endoscopes*

### Supported and Sponsored By:





## Upper Midwest Health Expo Registration Form

Name:

Address:

Title:

City:

Employer:

State & Zip:

Phone:

Email:

Indicate Discipline: Central Service  OR  Supply Chain  Vendor  Other

Registration Dates: Both Days - \$100.00  Vendor Fair Only - \$35.00   
 Friday Only - \$70.00  Vendor Lunch Only - \$30.00   
 Saturday Only - \$50.00  Please check if you are a first time attendee

\*Registration at the event will be \$125.00\*

Please check required CE: CBSPD  LPN   
 CRCST  CST/CSTFA   
 RN

### Friday October 7th

Time	Topic
0700 - 0745	Registration & Continental Breakfast
0745 - 0800	Welcome from MHCSMA
0800 - 0900	Sona Mehring "Improving Health Outcomes Through the Power of Social Support"
0900 - 0930	Break
0930 - 1030	Natalie Lind "Behind Closed Doors"
1030 - 1130	Jean Sargent "What UDI Means for Healthcare"
1130 - 1230	Lunch - Minnesota Buffet
1230 - 1330	Rose Seavey "Wild, Wild West of SPD"
1330 - 1430	Harry Shaffer "Sterility Maintenance Study - Containers vs. Wrapped Instrument Trays"
1430 - 1445	Break
1445 - 1545	Susan Klacik "Sterilization Update"
1545 - 1645	Dr. Beth Thomas "Through the Looking Glass - How Failures in the Surgical Instrument Process Affect the Patient and Surgeon"
1645 - 1900	Vendor Fair and Social Hour

### Saturday October 8th

Time	Topic
0700 - 0800	Registration & Coffee Service
0800 - 0900	Damien Berg "Sterile Processing Quality Management Systems (You Can Do It!)"
0900 - 0915	Break
0915 - 1115	David Jagrosse & Mark Duro "Keeping Your Head Above Water"
1115 - 1130	Break
1130 - 1230	Imradene Hanson "What if You Didn't Stop... You'd Fall Over!"
1230 - 1300	MHCSMA Members Meeting

**Pay Online or Make Checks Payable to: Upper Midwest Health Expo**

Mail Applications & Payments To: Marcus Super | 815 Northwest Parkway Suite 100 | Eagan, MN 55429

Electronic copies of the application can be emailed to [msuper@summitmedicalusa.com](mailto:msuper@summitmedicalusa.com)

# Schedule Details

## Friday October 7, 2016

<i>Time</i>	<i>Session</i>	<i>Description</i>
0700 - 0745	Registration	Continental Breakfast
0745 - 0800	Welcome	Welcome and Introductions
0800 - 0900	Opening Session A	<p><b><u>“Improving Health Outcomes Through the Power of Social Support”</u></b>  <b>Presented by: Sona Mehring</b>      <b>Sponsored by: Belimed</b></p> <p>The founder of CaringBridge, will speak about the healing impact that has been reached by millions. Since its inception, the organization’s more than 500,000 personal sites have garnered more than 1.8 billion visits worldwide.</p>
0900 - 0915	Break	Mid-morning snack
0915 - 1015	Session B	<p><b><u>“Behind Closed Doors; The Role of the Sterile Processing Department in Infection Prevention”</u></b>  <b>Presented By: Natalie Lind</b>      <b>Sponsored by: IAHCSSM</b></p> <p>This program will examine the role of Sterile Processing in Infection Prevention and the impact that the department has on patient outcomes. Major topics include; a review of best practices for soiled item transport; decontamination activities; preparation and packaging; sterilization; sterility maintenance and discussion of the impact best practices have on patient and employee safety.</p>
1015 - 1115	Session C	<p><b><u>“What UDI Means for Healthcare”</u></b>  <b>Presented by: Jean Sargent</b>      <b>Sponsored by: USDM Life Sciences</b></p> <p>The intent of the UDI rule is multi-purpose with the end result focusing on the patient. The traceability of products from manufacture through to distributor into receiving and to the patient is essential to achieve the intent of the ruling. To enable this process, multiple solutions must be considered. Information systems within each segment of the healthcare organization must have the capabilities to capture and transact with UDI data. Senior leadership, clinicians, central service, and all staff must understand their role and the importance of this paradigm shift.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Understand what the UDI ruling is</li> <li>• Understand the intent of the ruling</li> <li>• Understand the role of Central Service in the adoption and implementation of the UDI ruling</li> </ul>
1115 - 1215	Lunch	Minnesota Buffet
1215 - 1315	Session D	<p><b><u>“Wild, Wild West of SPD”</u></b>  <b>Presented By: Rose Seavey</b>      <b>Sponsored by: Bioseal</b></p> <p>The Sterile Processing (SP) areas differ in their physical design, location, equipment, and in the level of personnel expertise, competence and training. Many sterile processing activities occur in areas separate from the location where terminal sterilization is actually carried out. There are no real industry-wide standards and no real way to enforce compliance. In some instances, it is like the wild, wild west – uncontrolled, and untamed. The changing landscape in today’s healthcare environment will demand healthcare providers abide by a new set of “territorial laws” (a.k.a standards and recommended practices). The old “gunslinger” way of doing things and statements like “this is how we do it in My Town” or “this is how we have always done here in “River City” won’t cut it anymore.</p> <p>This presentation will explore the new “frontier” of sterile processing in any setting; sterile processing departments, operating rooms, GI labs, ambulatory surgery centers, office-based, and dental clinics, helping to shed light on the “territorial disputes”. The need for strong leadership and new regulatory requirements will be addressed.</p>
1315 - 1415	Session E	<p><b><u>“Sterility Maintenance Study – Containers and Wrapped Instrument Trays”</u></b>  <b>Presented by: Harry Shaffer</b>      <b>Sponsored by: Halyard</b></p> <p>Discussion of results obtained in the comparison of Containers vs Wrapped trays when exposed to dynamic bacterial aerosol challenge.</p>
1415 - 1430	Break	Afternoon Snack, Soda, Coffee and Cookies

## Friday October 7, 2016 Continued

1430 - 1530	Session F	<p><b><u>“Update on Sterilization Standards”</u></b>  <b>Presented by: Susan Klacik</b>                      <b>Sponsored by: 3M</b></p> <p>This year there has been a lot of activity dealing with endoscopes. This presentation reviews the research done and updated standards from the FDA, AORN and SGNA. It is from these standards that survey organizations develop the criteria to review sterilization and disinfection practices. This presentation will also review the other new standards and recommendations that affect a Central Sterile Service department.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Discuss the purpose of the <i>FDA Panel on Gastroenterology and Urology Devices</i></li> <li>• Describe the <i>CDC &amp; FDA Health Advisory Recommendations</i></li> <li>• Discuss the new <i>AAMI Sterilization Standards</i></li> <li>• Explain the <i>SGNA 2015 Standards of Infection Prevention in Reprocessing Flexible Gastrointestinal Endoscopes</i></li> <li>• Summarize new aspects of the <i>AORN 2016 Guideline for Processing Flexible Endoscopes</i></li> </ul>
1530 - 1630	Session G	<p><b><u>“Through the Looking Glass – How Failures in the Surgical Instrumentation Process Affect the Patient and Surgeon”</u></b>  <b>Presented by: Dr. Elizabeth Thomas</b></p> <p>Will look experientially how failures in the surgical instrumentation process can affect patient outcomes and surgeon satisfaction.</p>
1630 - 1900	Vendor Fair	<p><b><u>Hors d’oeuvres will be served and door prizes will be awarded.</u></b>          Keep up with the latest products and services available. Be sure to thank our vendors for their support with this conference! Meet and network with colleagues.</p>

## Saturday October 8, 2016

Time	Session	Description
0700 - 0800	Registration	<b>Registration and Coffee Service</b>
0800 - 0900	Session H	<p><b><u>“Sterile Processing Quality Management Systems (You Can Do It)!”</u></b>  <b>Presented by: Damien Berg</b>                      <b>Sponsored by: ReadySet</b></p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• QMS (Quality Management System) Overview</li> <li>• Understanding the what it looks like in your system</li> <li>• How to start your program</li> <li>• Quick step check list</li> </ul>
0900 - 0915	Break	
0915 - 1115	Session I & J	<p><b><u>“Keeping your Head Above Water”</u></b>  <b>Presented by: Mark Duro &amp; David Jagrosse</b>                      <b>Sponsored by: Belimed</b></p> <p>This program is essentially the past present and future of CSSD. From Standards and regulations to staffing and department design to what the future holds.</p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Identify what the good times were and why they have changed</li> <li>• Identify the need to break away from common practices</li> <li>• Department designs</li> <li>• Instructions for use and the role they play</li> <li>• Standards organizations, Inspectors and the future</li> <li>• What the Future holds</li> </ul>
1115 - 1130	Break	
1130 - 1230	Closing Session K	<p><b><u>“What if You Didn’t Stop ... You’d Fall Over!”</u></b>  <b>Presented by: Irmadene Hanson</b>                      <b>Sponsored by: Censis</b></p> <p>Taking care of yourself and your personal wellness is important to your success – personally and professionally. Learn how to stay on track with goals but rest and play when its time.</p>
1230 - 1330	Business Mtg.	<b>MHCSMA Board Members</b>

## UMHE Speaker Bios & Details

### Sona Mehring

***An American Businesswoman, Founder and chief ambassador of CaringBridge.***

Throughout a successful career as a computer programmer, website developer and business owner, Sona found her joy in making the Internet easy to navigate for the average person. Among her earliest experiences using technology to help people, was when a geology professor hired Sona, then an under-grad student, to create an easier way to administer multiple-choice tests. She loved the sense of satisfaction in simplifying a task that was complicated and time-consuming for the professor. Years later, while running a computer-consulting company she had founded, Sona had a lightning-bolt experience of using her skills to create something exceptionally meaningful – and impactful. In 1997, when close friends experienced a health crisis, and needed to quickly share devastating news with their family and friends, Sona's web developer skills were put to the test. She was inspired to create a website, and CaringBridge was born.

Sona stated, "I am very proud of the tremendous growth of CaringBridge during the past two decades and the impact it has made on millions of people's lives. I want to do more by being an active ambassador for the website and speak about the power of social networks, impact on healing."

### Natalie Lind

***International Association of Healthcare Central Service Materiel Management (IAHCSMM), Chicago, IL - Education Director***

CPD Manager for several years at multiple facilities. Directed the operations of a Sterile Processing Department that serviced 21 operating rooms and several ancillary departments. Published an online CS publication and operated a CS consulting business. (April 2003 – December 2006: [www.e-CSPD.com](http://www.e-CSPD.com))

- Current working group member of AAMI
- Owned and operated Natalie Lind Consulting Services, a sterile processing consulting service that specialized in education and systems design.
- Authored over 240 nationally published articles on a wide variety of processing and infection control topics.
- Authored IAHCSMM's Instrument Resource Course Workbook in 2005.
- Served as co-editor of IAHCSMM's Central Service Technical Manual, Seventh Edition, 2007.
- Served as co-editor of IAHCSMM's Central Service Leadership Manual in 2010.
- Served as co-editor of IAHCSMM's IAHCSMM's Central Service Technical Manual, Eighth Edition, 2016
- Has presented educational programs throughout the United States and in Russia, China, Canada, Saudi Arabia and the United Arab Emirates.

### Jean Sargent

***VP Healthcare, Strategy and Implementation USDM Life Sciences***

Ms. Sargent has over 25 years of leadership experience in central service/materials and supply chain management. Jean has been actively involved with education over the last fifteen years as a speaker, educator, and writer/editor for the Central Service 7th edition technician manual, 1st edition leadership manual. Ms. Sargent was President of AHRMM in 2007 and received the George R. Gossett Leadership Award in 2010 for her contributions to the association/industry. Jean actively participates in many activities related to the healthcare supply chain to improve upon use of industry standards such as UDI to improve patient safety.

### Rose Seavey

***President/ CEO Seavey Healthcare Consulting***

Rose Seavey is President/CEO of Seavey Healthcare Consulting and formerly the Director of the Sterile Processing Department at The Children's Hospital of Denver. Rose served on the AORN Board in 2008-2010. Rose is a past President ASHCSP. She received numerous awards such as AORN's award for Mentorship in 2012 and Outstanding Achievement in Nurse Education in 2001. In addition, she received the national IAHCSMM award of Honor in 2013, the Industry Leadership Award from the Massachusetts chapter (2012) and the educator of the year award from the Golden West chapter (2013). She was one of the Who's Who in Infection Prevention in 2006 by Infection Control Today. Ms. Seavey is the author of the book titled Sterile Processing In Healthcare Facilities: Preparing for Accreditations Surveys, published by AAMI and she serves on several AAMI committees writing standards.

### Harry Shaffer

***President Sterilization Consulting Services***

35+ years' experience in the sterilization and manufacturing of medical devices. Expertise with Radiation, EO and Steam Sterilization. Developed and Validated sterilization cycles and procedures. Managed Multiple Microbiological Laboratories and Built, Validated and Operated various sterilization systems. Managed medical device manufacturing Quality Assurance. Performed Quality and Microbiological audits within various manufacturing environments.

## **Susan Klacik**

### ***Central Sterile Services Manager and CRCST Instructor and Course Director***

Utilize my healthcare CSS experience and expertise for CSS assessments, product development, writing, and composing educational presentations regarding healthcare medical device processing following AAMI Standards. In 2006, Klacik Consulting was established. Accomplishments include:

- IAHCSSM representative to AAMI for over 15 years.
- Addressed FDA Reviewers regarding healthcare medical device processing issues
- Represented IAHCSSM in the 2011 AAMI/FDA Reprocessing Summits
- Author of the IAHCSSM responses to both of the FDA drafts on the 2011 Reprocessing of Reusable Medical Devices guidance documents.
- Presented educational programs at local, national and international seminars, achieving excellent ratings from the audience
- Revealed Extended Sterilization Cycles, authored first articles and conferences.
- Co-chair of AAMI Process Challenge Device (PCD) Committee
- Participated on "Immediate Use Steam Sterilization (IUSS)" multi-agency Position Paper
- Member of the IAHCSSM Self-Study Course Panel for over 5 years.
- Previously, a member on the Editorial Board for Healthcare Purchasing News.
- Authored four chapters in the Certified Registered Central Service Technician Manual 6th edition and the Chapter on High Temperature Sterilization in the 7th Edition
- Represented IAHCSSM in the AAMI/FDA Conference on 1997 "The Re-use of Single-Use Devices: Practice, Patient Safety and Regulation."
- Implemented a CRCST course and trained all staff members to be CRCST's.
- Participated in the initial validation process for the ETO Stericert conversion
- Assumption of the leadership role of a Sterile Processing Department which resulted in a 95% reduction in error findings within 1 year.
- Passed all inspections flawlessly by the regulatory agencies of areas under my responsibility.
- Coordinated the renovation of several sterile processing departments to meet sterilization standards while improving the efficiency.
- Published over 40 articles on sterile processing topics in national healthcare journals.
- Experience managing union employees for over 35 years

## **Dr. Lizbeth L. Thomas**

### ***Interim Chief Medical Officer Fairview Health Services Minneapolis, MN. General Surgeon Surgical Consultants, P. A. Burnsville, MN 2010-present***

Formerly the Regional Vice President of Medical Affairs – South Region Burnsville, MN 2010 – March 2015. Tri Chair of the Fairview System Hospital Quality and Policy Committee and Tri Chair of the Fairview System Preventable Events to Zero Committee.

Past achievements include: Member of the Oncology Service Line Steering Committee chartered to grow oncology market, identify sub-specialty needs, and reduce variation in care. Chair of the Cancer Committee at Fairview Ridges Hospital leading a successful reaccréditation by the Commission on Cancer. Developed consistent forums between senior leadership at Fairview Ridges and key physician groups (ED, Anesthesia, Hospitalists) to discuss and address operational and strategic issues. Fairview Representative on the Minnesota Hospital Association Physician Leadership Council. Co-lead the Fairview Ridges quality team that has consistently lead Fairview in clinical process of care scores for Value Based Purchasing. Executive sponsor for the Healthy Environment Initiative for the OR's and L & D. Board member for the Ambulatory Surgery Center, a partnership between Fairview and independent surgical partners. Physician leader and member of the Fairview Ridges leadership team. Represented administration in design and communication with medical staff and physicians regarding the Fairview Ridges Specialty Care Expansion, the largest expansion in the history of the Ridges Campus.

Current achievements include: Developed a hospitalist steering committee to standardize hospitalist operations throughout FMG including defining 1.0 FTE, dashboard and group culture development. Conducted successful hospitalist retreats for Fairview Southdale (FSH) and Fairview Ridges (FRH) hospitalist groups to develop and define a group culture, accountability and standardization. Successfully recruited hospitalists to achieve full staffing at FSH and FRH. Developing a robust hospitalist dashboard with the North region medical director and FMG hospitalist leadership team, this will be consistent across the Fairview System.

## **Damien Berg**

### **Manager of Sterile Processing at St. Vincent Hospital, Indianapolis IN**

He has 24 years, experience serving in multiple health-related capacities, including roles as an emergency medical technician, combat medic, surgical technician, sports therapist and sterile processing technician and manager. Berg has written several articles sterile processing leadership, is an active member of IAHCSSM, serving on the Legislative Affairs Committee and representing several states in their efforts toward state certification programs. He is an AAMI voting board member on ST79 (hospital steam sterilization) ST91 (flexible and semi-rigid endoscope processing) and Co-Chair on both ST77 (rigid containers) and ST86 (quality systems). Berg also worked with AAMI and IAHCSSM to develop and implement the new benchmarking survey for sterile processing.

## **David Jagrossee**

### **IAHCSSM Immediate Past President 2015-2016; Manager Central Sterile Service, Middlesex Hospital, Middletown CT**

- 20+ years of experience in CSS/SPD as Technician, Supervisor, and Manager
- Current CSS Manager at Middlesex Hospital, Middletown, CT
- Certified through the IAHCSSM
- Communications Officer (1998-2000), Vice President (2006-2008), 2009-2013 President of the Connecticut Central Service Association Website: <http://www.iahcssm.org/Chapters/Connecticut/CCSA/index.html>
- Member (2006) and Chairman (2007), ASHCSP Recognition Committee
- Active voting member of the AAMI Standards work group 40 (ST:79) that develops guidelines within CSSD [www.aami.org](http://www.aami.org)
- Active member of IAHCSSM. Member Orthopedic Council. Speaker at 2010 Annual meeting.
- IAHCSSM Executive Board Member. Two terms. 2011-2012. 2012-2013 [http://www.iahcssm.org/MemberServices/BoardOfDirectors.html#pab1\\_1](http://www.iahcssm.org/MemberServices/BoardOfDirectors.html#pab1_1)
- IAHCSSM President Elect 2015-2016
- Published Articles: Infection control today 12/09 (Playing Dice with Steam Sterilization) AAMI Horizons Spring 2012 (People and Processes Vary)
- President: David Jagrossee Consulting LLC offering educational presentations, published articles and consultant services to CSS/OR audiences throughout the world. Presentations in Beijing, Changchung, Shanghai China. Toronto Canada. Poster Presentation in Osaka Japan

## **Mark Duro**

### **President Elect of IAHCSSM, CRCST, FCS**

Mark is the current Director of Sterile Processing Operations at New England Baptist Hospital in Boston Massachusetts. New England Baptist Hospital is a leader in orthopedics and is the official hospital of the Boston Celtics.

Mark has been in the sterile processing management profession for the past twenty years and is also the current Vice President of the Massachusetts Chapter of Central Services professionals.

Mark has also been a member of IAHCSSM since 1992 and has been the Chair person for IAHCSSM's orthopedic council for the past 4 years.

In 2011 Mark was awarded fellowship status within IAHCSSM and is one of 34 Fellows. Mark has also been IAHCSSM approved instructor for the past 6 years. Mark has also been part of the AAMI ST79 working group and is a voting member. Mark was recently appointed to the AAMI ST79 Advisory council and is also on the AORN news advisory for sterile processing. In 2015 Mark was appointed to IAHCSSM's Executive board. In 2016 Mark was elected to IAHCSSM President elect and will begin his term in Tennessee in 2017 as President.

In 2012 in Albuquerque Mark was awarded the educator of the year award by IAHCSSM. Mark also consults in areas of Sterile Processing nationally and internationally.

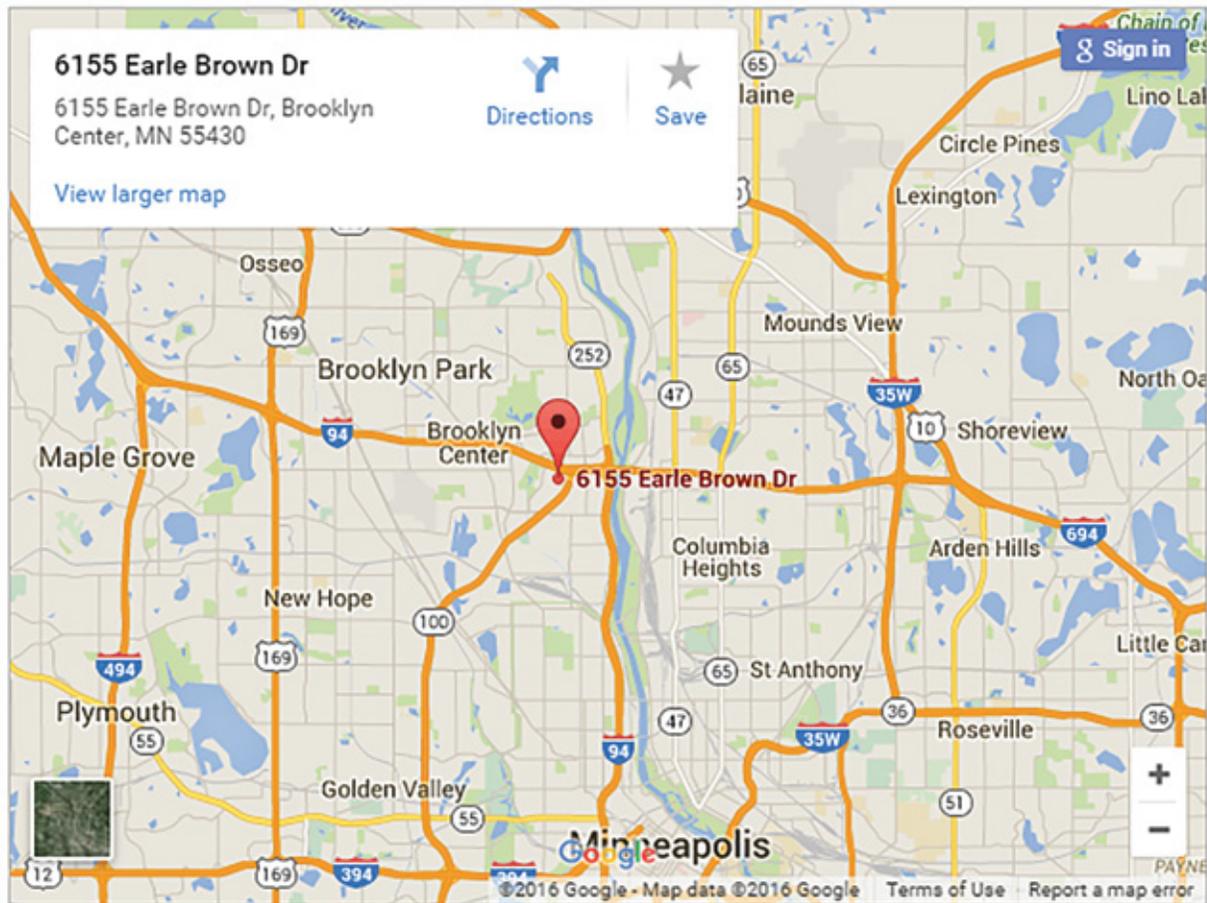
## **Irmadene Hanson**

### ***Founder of Step Into Your Strength***

Irmadene Hanson is a hardworking dreamer of BIG things! She learned at an early age that if you could get along with people, keep your eyes (and head) on your goals and put in the sweat equity, you could get what you dreamed of! At the age of 10 she rode her bike down gravel roads selling enough Christmas cards to get a rubber raft AND a curling iron! That was something in 1974!

After high school, she joined the US Army, a place where she caught the leadership bug! The place she also started to realize her own strength! Using the GI bill to become an RN, Irmadene continued to hone her leadership skills and moved up the proverbial ladder. She did nurse consulting nationally with a corporation and then in the private sector. During this journey she bought and ran a farm, raised three daughters with downhome country values, learned to play the guitar and started a Bluegrass Band!

The difference between dreams and goals is a plan! Irmadene gives tips, tools and honest talk to help you identify your priority goals, get your brain churning and your body moving! You can have whatever you want as long as you are willing to do whatever it takes; let no one tell you different!



Earle Brown Heritage Center  
6155 Earle Brown Drive, Brooklyn Center, MN 55430

### QUESTIONS?

Conference

Please email Beth Gow at [bgow@umphysicians.umn.edu](mailto:bgow@umphysicians.umn.edu)

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